

POST PCI ORDERS

ACTIVITY:

1. If you had a Coronary angiogram via the Groin: Do NOT lift anything more than 5 lbs for 1 week.
2. If you had a Coronary Angiogram via the Arm: Do NOT lift anything more than 10 lbs with arm that the IV was in for 5 days.
3. No driving for 24 hours.

WOUND CARE:

1. Do NOT apply creams, lotions, or ointments over the incision site.

SPECIAL ATTENTION:

1. If you had an "IV" (vascular access) via the arm, if you notice any significant swelling, bleeding, or fevers, apply pressure over the incision site and seek medical attention
2. If you had an "IV" (vascular access) via the groin, if you notice any significant, bleeding, fevers, or abdominal / back pain, please seek medical attention.
3. Do NOT strain during bowel movements for the next 5 days.
4. You will follow up in Clinic in _____ weeks

MEDICATIONS:

1. You MUST take Aspirin + Plavix (also called Clopidigrel). Do NOT stop taking these unless your cardiologist tells you that it is okay to stop them
2. Failure to take your medications, including PLAVIX could potentially result in a fatal heart attack. If it helps, set an alarm or timer (your phone might have an alarm) to help remind you take it.
3. TAKE YOUR PLAVIX EVERYDAY!